



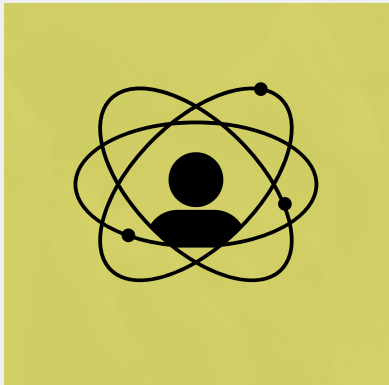
# HRIDYA

## FROM THE HEART

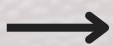
Annual Report

Breaking **Barriers**, Building **Futures**

2023  
2024



[www.tamahar.org](http://www.tamahar.org)



# Index

Director’s Statement	3
COO’s Statement	4
About Tamahar - Mission   Vision   Core Values	5
Our Programs, Tamahar Milestones	7
Our Impact   Our Outcomes	8
Highlights of 2023- 24   Achievements & Awards	9
Our Events	11
Children’s Program Highlights	12
Success Stories	15
Family Program Highlights	17
Human Resource Development Highlights	19
Awareness & Advocacy Highlights	20
Other Services   Volunteering & Internship	21
Parent Testimonial	22
Words Of Supporting Doctors   Donor Testimonial	23
Intern testimonial	24
Our Team   Organogram	25
Our Trustees	26
Our SDGs   Funds Raised	28
Funding Partners   Program Partners	29
FY Reports	31



It is difficult to pen down in a few lines how the year was. One thing is sure, in Tamahar, it is never dull.

As Louisa May Alcott said, "I make so many beginnings there never will be an end." Tamahar allows that and so much more.

When we started, we had a definite plan, a dream, and we allowed it to blossom organically. Into our 16th year, this organic growth is taking a definite path. We are more sure than ever as to where it is leading us. Our children and their lovely families make us stronger, the bond amongst us is a "Majboot Jod, Tutega Nahin".

26 children moving on to the next developmental stage in life is testimony to the robustness of our pedagogy. We started the Skill Development and Entrepreneurship Program 6 months ago, based on an idea that every woman can stand on her feet, be a home-maker, caregiver, and an entrepreneur. It is wonderful to see the enthusiasm and fun the mothers have during the training. Next year will see this beautiful venture gaining wings.

Nothing would have been possible without the many many supporters we have, and I want to take this opportunity to thank each and every one of you. All our well-wishers, families, friends, our children, collaborators, our supporters, We are because You are!

The year gone by has offered a lot of promises. Children are progressing beautifully. The social, emotional development of our children in the Functional Academics Program is amazing and they are definitely different from others! They are capable of cheering for others who win in competitions even though they haven't ! They are teaching us the importance of appreciation without any prejudice!! We love them!

We are proud of their parents who voiced that "sports" is an important aspect of the lives of their children! We are planning to fulfill their wish by organizing recreational, sports activities for them.

Some of our adolescents and adults in the Pre-vocational Program are on the threshold of getting employment outside of Tamahar. They are enjoying playing basketball.

The new caregivers in our Early Intervention Program are beginning to understand the importance of communication, behavior and independence in self-care of their children. Their empowerment is our own!

The children in the nursery program are enjoying their outings and through them learning social skills.

Our parents encourage us to go on. Our meetings with them have given a lot of insight into their aspirations.

Our staff, our backbone, as always is working hard, joining hands with caregivers, shaping the future of our children. We would be nothing without them!

Our Donors, our mainstay, thank you very much for your faith in us !

Lovingly yours,  
Tripti BG



# ABOUT TAMAHAR

## *Looking Beyond Survival*

At Tamahar, each child's innate abilities are recognised and then intervention is provided after aligning it with their developmental age, through a comprehensive range of interventions and therapies. This includes core activities along with additional interventions like music therapy, yoga therapy, etc.

Apart from taking therapies, we believe that our children need to enjoy life, be independent and live a life of dignity. This is accomplished through a variety of activities like recreation in the form of hobby classes, sports and exposure visits.

We understand the importance of training parents, offering emotional support, and providing family counselling to all families. These elements are integral to Tamahar's philosophy, as they are crucial for the overall well-being of both the child and the family.

Our holistic approach to empowering children and families, combined with our dedication to raising awareness and advocating for their needs, sets us apart.





## Our Mission

Prevention & Alleviation of developmental disability in children with brain damage



## Our Vision

To enable children with brain damage and their families to live a happy, healthy, and dignified life in an inclusive society through rehabilitation services, capacity building, community engagement, and advocacy.



## Core Values

**Opportunity:** Opportunity for a person to grow as an individual and develop own personality

**Unique:** Acknowledging the uniqueness of each person

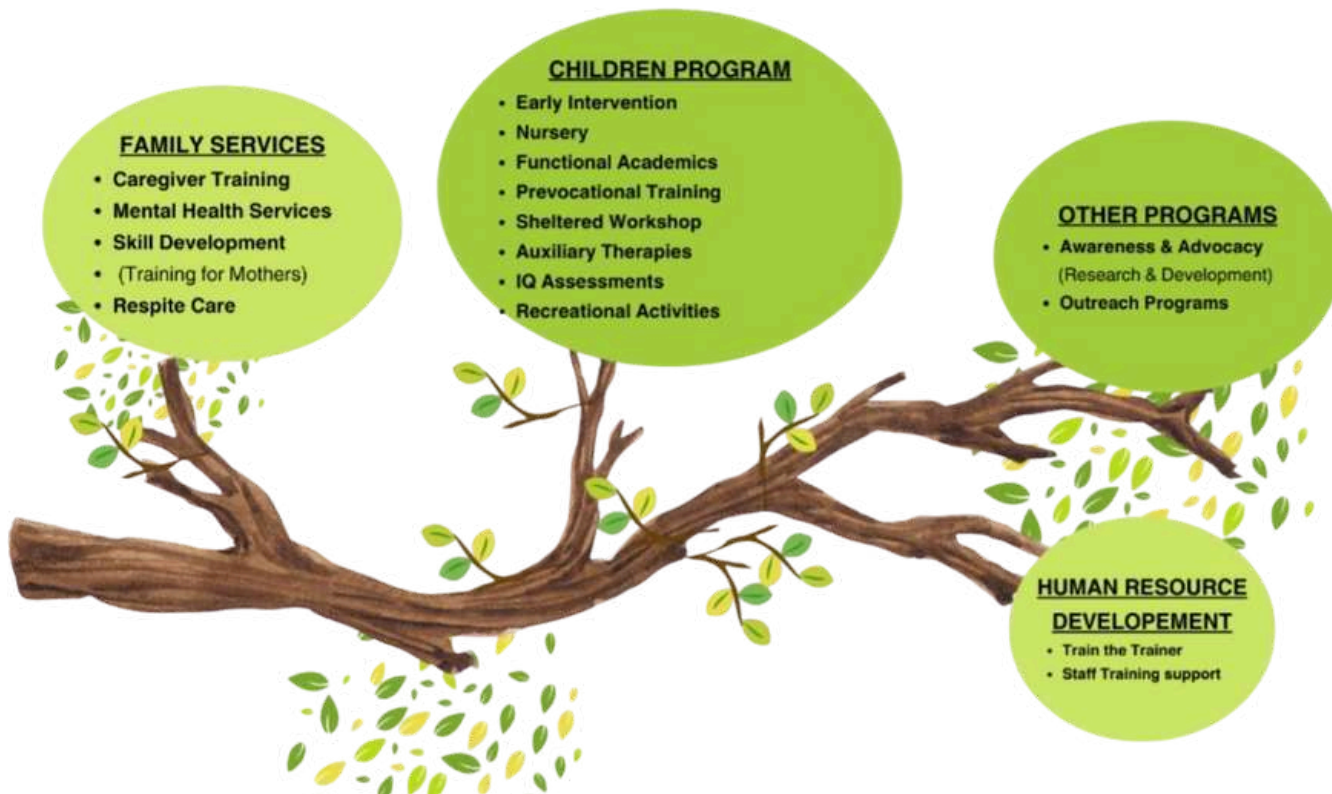
**Inclusion:** Including individuals from all walks of life

**Empowerment:** Empowering individuals to make the best of their situation and achieve their goals despite challenges

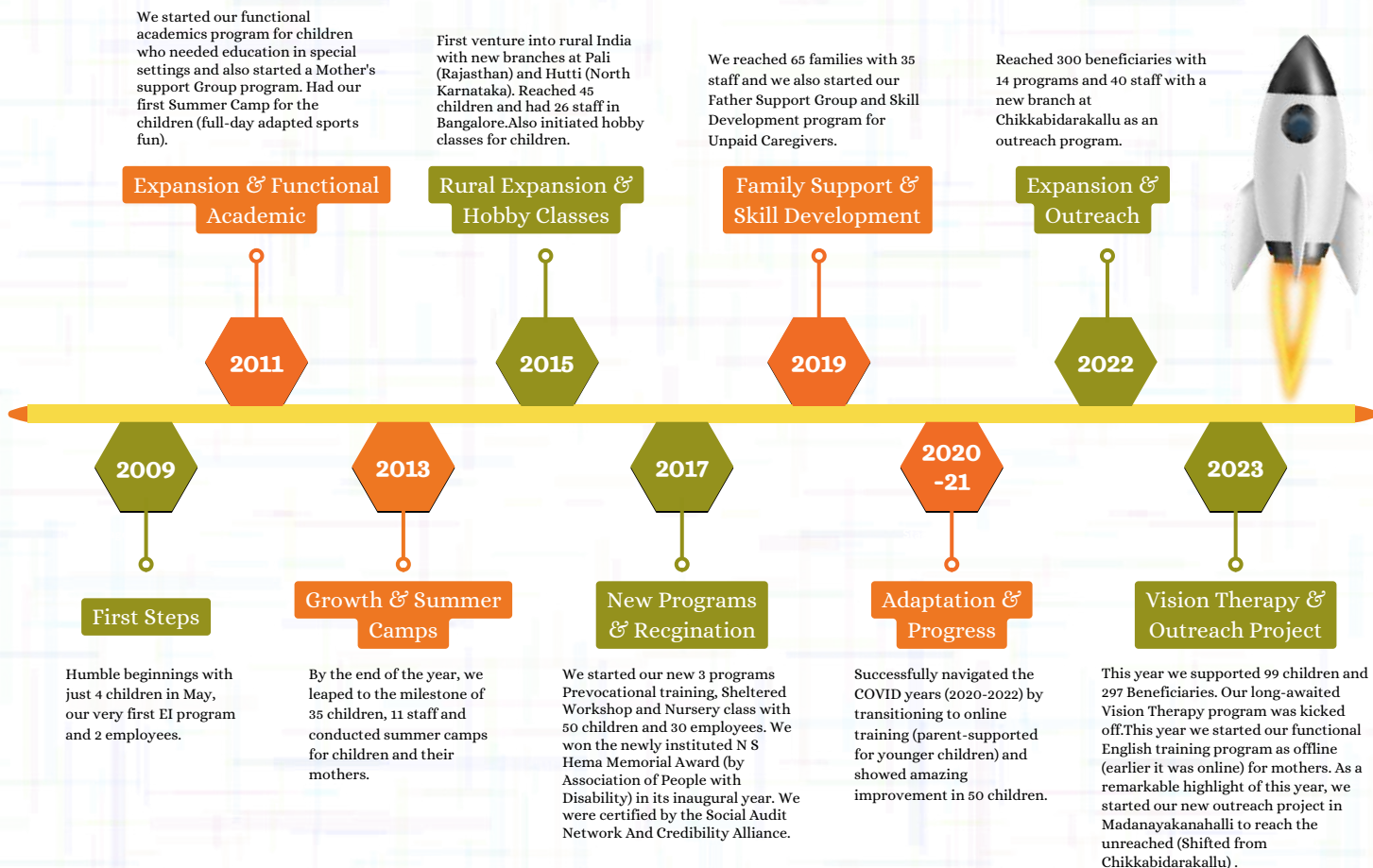
**Empathy:** Understanding and supporting individuals through their life situations



# OUR PROGRAM



# TAMAHAR MILESTONE



# OUR IMPACT

**350**

**Beneficiaries**



**16**

**Programs**



**45**

**Employees**



# OTHER OUTCOMES

**231**

**Counselling Sessions (Group & individual)**



**100**

**Caregiver Training - Participation**



**26**

**Children Graduated To Next Level**





## HIGHLIGHTS OF 2023-24

### FY 2023-24 - an exciting year

The number of families - **99**

Caregivers and the siblings reached **350+**.

2 more programs added. Total - **16 programs**

**26 children advanced to the next level.**

Vision Therapy introduced in July. 11 children with Cortical Visual Impairment included in this program.

Started Vibhinnakala, training for caregivers to become entrepreneurs. Current products include upscaling cloth, weaving, creating beautiful seed-paper products, etc. 600 units of different items sold online across 10 cities in India, generating a total revenue of ₹40,000.

Outreach Program moved to Madanayakanahalli to serve underserved communities enrolling 11 children.

Medical camps provide parents with easy access to various health professionals. This year's programs included:

- A Genetic Counseling camp led by Dr. Meenakshi Bhat and her team from the Centre for Human Genetics, was held in the month of September. 12 children were assessed & advised for further tests and consultations.
- An Orthotics and Orthopaedic assessment camp with Dr. Girish, Dr. Jayanth Sampath, and the RAWWD Team, benefiting approximately 28 children, was held in the month of October -2023. Recommendations included necessary orthotics for 16 children, further investigation for 14 and corrective surgery for 8 children.
- Dr. Anand, a Functional Vision Specialist, facilitated two vision camps, offering consultations and vision therapy advice to 11 children. The camps were held in the months of July 2023 and February 2024. Dr. Anand also helped us set up our Vision Therapy unit, training 2 staff members. We provide vision therapy weekly twice which has helped children improve their functional vision.
- Online diet and nutrition counseling by Dr. Sheetal Mhamunkar, educating caregivers on special dietary needs and guidelines for children has been organised on an individual basis. Most of our children need specialized diets that can change their lives drastically.

12 training sessions for caregivers were held over the year, talks ranged from issues relating to the diagnosis, to behaviour modification techniques and therapy intervention. We also conducted 100 individual meetings to address specific child issues with their caregivers.

Our Founder-Director participated as a panellist in “Utilizing assistive technology across all disabilities, particularly for those with severe, profound, rare conditions, & in the face of emerging paramedics” during the Mumbai AT Conclave organised by Samarthanam Trust. The aim was to raise awareness about assistive technology among policymakers, businesses, and the public for broader adoption.

Ms. Vaishali Pai trained 85 parents at Spandan School for the Mentally Challenged in Vadodara, Gujarat over 2 days. The topics included understanding development, therapies and their use, and the importance of ‘Play’.

## ACHIEVEMENTS & AWARDS

- Ms. Vaishali Pai was given the 'KARNATAKA'S WOMAN LEADERS AWARD' Presented by the World Women Leadership Congress at a function held in Bangalore, in the month of September 2023
- Rotary Orchards honoured Ms. Vaishali Pai with the "Vocational Excellence Award" at their monthly meeting in October 2023.
- “Bavadhani Shree Award” was also given to Ms. Vaishali Pai in the month of September 2023



# OUR EVENTS

## PRERANA

3rd December, which is the International Day Of Persons with Disabilities, is celebrated as “Prerana” - inspiring all, at Tamahar. This year's event was inaugurated and presided over by Dr. C. N. Ashwath Narayan Gowda, MLA -Malleswaram assembly constituency and former Minister of Higher Education. Dr. Rajani, the Deputy Director of the Department of Health and Family Welfare, attended the event. Our corporate partners - Tektronix Technologies Ltd, Torry Harris Business Solutions, ION FOUNDATION, Abhiraksh Anveshan also graced us with their presence. A panel discussion was held to explore the topic of understanding disabilities. Moderated by a parent, Ms. Meenakshi Kumar, panellists from various walks of life shared their thoughts and experience. Many fun activities were conducted for a 200-strong audience to spread awareness about developmental disability.



## AAROHAN

Aarohan marks a significant milestone in our children's lives, showcasing their remarkable growth and resilience. It's a day of celebrating their achievements and the progress they have made through our programs and interventions. Aarohan is not just a graduation day; it is a symbol of hope, perseverance, and success.

**TAMAHAR CELEBRATED ITS GRADUATION DAY - AAROHAN ON 24TH JUNE 2023.**

Fourteen children were promoted to the next level and received certificates. Dressed in graduation gowns, and caps, they went up to the dais and proudly received their honours. The event was graced by Dr. R. Shanthakumari (former Principal of Maharani Women’s Arts, Commerce, and Management College, Bangalore) and Ms. Suja Warriar (Human Resources Manager for Diversity, Equity, and Inclusion at Infosys Ltd). Parents, children and staff members had a fun afternoon showcasing their talents.





# CHILDREN’S PROGRAM HIGHLIGHTS

Tamahar’s highest achievements come from the many social events that the children participate in. Throughout the year, Tamahar stars excelled in various inter-school competitions, winning numerous prizes



## BELAKOO

Conducted by Belakoo Trust, this inclusive event gives our children an opportunity to showcase their talent. They performed group dances and songs in the event "CELEBRATING OUR DIFFERENCES " which were appreciated by the audience.



## KALAANGANA

Kalaangana, an inter school competition is held annually for children with special needs and we have been participating enthusiastically for many years. This year 19 children participated in various competitions like Individual and Group Dance, Individual Vocal Music, Art, Yoga, TLM, Art for Parents, Inclusive Walk, etc. We are proud of Nishita who won the 3rd prize in solo dance and Sambhram who won the 1st prize in solo singing.





## APPU KREEDOTSAVA

Interschool sports competition

A unique event was conducted by 'Youth for Malleswaram' in the vibrant Malleswaram Grounds. Aptly named "Appu Kreedotsava", it had enthusiastic children from many nearby schools participating in different activities. 31 spirited children from Tamahar stepped onto the field enjoying the fun. Meena from Nursery

dazzled with grace, clinching the top spot in Slow Motion Walking, while Ananya's nimble steps earned her accolades, securing third place. Supriya of Functional Academics conquered the Musical Chairs. Children from the EI program contributed their enthusiasm with ten eager participants adding to the event's dynamic energy.

## SPARSHA

An event organised by Akshay group to exhibit the talents of differently abled children in various activities. Ten of our children displayed their abilities by participating in solo singing, group dancing, and art competitions. Among them, Snehdeep won 1st prize in the art competition under the sub-junior category, and Tejdeep secured 3rd prize in the art competition under the senior category.



## INTERSCHOOL SPORTS

A competition conducted by Arunachetana saw 35 of our stars actively participating. Their rigorous practice earned them honors. Nishitha won 3rd prize in the frog race, Mayank secured 1st prize in the ball-in-the-bucket event, Ananya achieved 3rd prize in the softball throw, and Kundan claimed 1st prize in the sack race.



## SUMMER CAMP

Every year, April sees our children and their mothers and siblings participating in the activities organised for them. This year we had swimming and other sports. 42 participants including children, mothers and siblings beat the heat and had fun at the camp. Under the wonderful watchful eye of Mr. Sindia, coach of Sindia Swimming School. It was a fun filled 3 weeks.



## EXPOSURE VISITS

As a part of our curriculum and our belief that learning takes place outside the classrooms as much as inside it, we take children on exposure visits within the community. This year our children visited Rangoli Garden. 77 children including parents and siblings had a wonderful experience seeing the recreated villages, lifestyles, and age-old occupations. They were entertained by a fun magic show and a horse ride too.



This year tabla classes were added to our repertoire of recreational activities. Sri Gautam has been training our children and some of their siblings every Saturday. Percussion beats resound Tamahar bringing smiles to everyone's faces.





## SUCCESS STORIES

### MAYANK

---

Change is the only constant and it can be daunting for most, even adults. Like everyone, Mayank has faced challenges in life, and these challenges interfered with his learning. He joined Tamahar in 2021, though cheerful and happy, he had difficulty focusing and paying attention. He struggled to sit for interventions and had trouble following instructions because he preferred to play and spend time his own way, especially he loved to play on his tablet. However, with consistent effort from the interventionists and his parents, Mayank turned around quickly. Continuous efforts and behavioral modification interventions addressed his issues, which in turn helped develop his skills. His parents were also trained to reinforce these strategies at home. These combined efforts led to his rapid improvement, and he soon graduated from Early Intervention to Nursery.

Here, the challenge for him was to focus and participate in group activities, respond to group instructions. However, with persistence of everyone he improved, mastered all the necessary skills, and achieved his goals quickly. Within the same year, he was promoted to Functional Academics.

Mayank is this year's star kid who achieved double promotions. Within a year he went from the developmental age of 24 months to 48 months. This has been an awesome achievement. He is a testament to our pedagogy of proper intervention at the developmental level, combined with the efforts of trained parents.



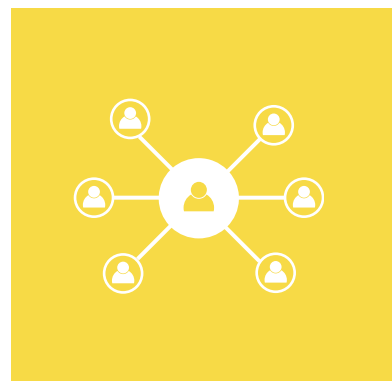
## KUNDAN (PVSW)

---

Kundan joined our Pre-vocational training program in June 2022. Before that, he struggled to maintain focus and complete tasks on time, often needing verbal reminders to stay on track. Kundan's journey with us began in 2015 in the Functional program, where he initially received academic training. At age 15, he transitioned to the Pre-vocational program.

To meet Kundan's needs, our organization provided comprehensive support. Initially, he had little understanding of work and its purpose. However, he has made significant progress since then. Kundan now works independently, actively seeks tasks, and even takes on leadership roles within the group.

Kundan's improvement is remarkable. He has advanced in both therapeutic and cognitive development. He has learned time management, understands quality distinctions, and takes responsibility for materials. He has also started traveling independently, following safety rules, crossing signals, and visiting our early intervention center and Homely Organic Shop. Throughout this period, he not only acquired valuable skills but also earned a stipend.



# FAMILY PROGRAM HIGHLIGHTS

## SKILL DEVELOPMENT

“Vibhinnakala” put up stalls with their products and participated in many events such as the Organisation of Rare Diseases India’s “Run for 7”, Prerana, Belakoo, at an event organised by Apollo Hospital Seshadripuram, at KPMG, etc. and also fulfilled orders online of various clients across many cities in India.

“Vibhinnakala " has eco-friendly sustainable quality products in various ranges like seed-paper bookmarks, gift tags, gift cards, pouches, message cards, journals and upcycled cloth handbags, scrunchies and hair accessories.

## MENTAL HEALTH SERVICES

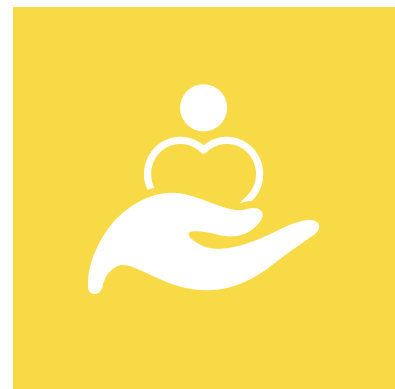
- 1.A Total of 231 sessions were conducted by our Mental Health services team for support group meetings (mothers/fathers/siblings/couples) , individual counselling sessions, advocacy meetings, discussion meetings and outings.
- 2.Siblings Get-together and meeting was held to help siblings relieve stress and anxiety. Being part of a support group can boost siblings' self-esteem and confidence as they realize they are not alone in their experiences. 15 siblings benefitted from the two sessions conducted which were filled with fun and games.



# CAREGIVER TRAINING

A total of 12 caregivers training sessions were held throughout the year. The objective was to give a theoretical understanding of some of the difficult to understand topics. For example

1. Mental Wellness Session by Ms.Umaina (Psychologist), Mental Health Services for parents of trainees of the Prevocational Training and Sheltered Workshop program
2. Caregiver Training on Play Therapy and Self-care training : Sessions covered the significance of play therapy, assistive technology usage, and self-care techniques for children with special needs
3. Strength training for mothers : On November 9th, 2023, a session was held to provide strength training specifically designed for mothers of our children. Mothers enjoyed the session and there is a demand for more such activities throughout the year.





## HUMAN RESOURCE DEVELOPMENT HIGHLIGHTS

"Train the Trainer" programs are conducted to build capacity, foster continuous learning, and enhance organizational effectiveness through the strategic development of skilled trainers in Tamahar on a regular basis.

- Master Trainers from MAITS, an international disability charity focused on improving access to healthcare and education services has trained Tamahar trainers to further train Community Health Workers in providing adequate interventions to families. Ms. Shabnam Rangwala, Master Trainer from MAITS, visited Tamahar to review the program where CHWs were given certificates for successfully completing the training program. This on-going program has provided practical solutions to 40 families till now. The training has been impactful and many of the children in this cohort have been able to fulfill their goals.
- Workshop on Intellectual Disability for Community Health Workers (Multi Rehabilitation Workers, Urban Rehabilitation Workers): 3 workshops were conducted to raise awareness about early identification of intellectual disabilities, targeting unreached individuals in need of services. The aim was to enhance public knowledge in this area for early detection and early intervention.

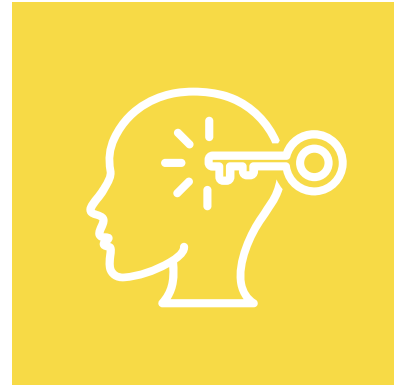


## AWARENESS & ADVOCACY

Tamahar has always been committed in Raising awareness and promoting advocacy in the disability sector.

## AWARENESS & ADVOCACY HIGHLIGHTS

Every year “Race for 7”, organised by ORDI sees a huge participation from families of Tamahar. This year too we joined hands with ORDI- Organisation of Rare Diseases India to create awareness on the 7000 documented rare diseases. Children, families , staff members and friends participated in this mega event on 25th February 2024.

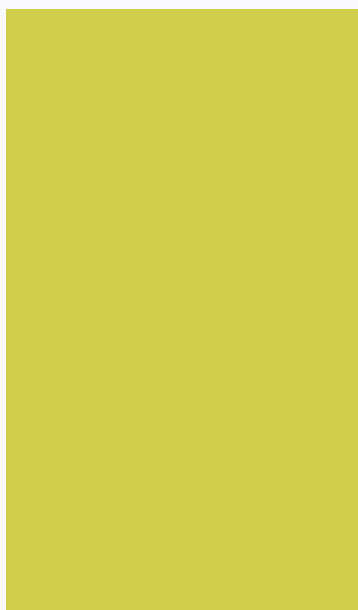


## OTHER SERVICES

**Outreach Program:** We started our extended reach program in Bangalore from Chikkabidarakallu during the pandemic years. This year, in order to be able to provide services to more underserved areas we shifted our base to Madanayakanahalli, 13 kms from Malleswaram. This area is poorly served but has many families that need our support. We are happy that within 6 months of relocation, we were able to reach out to 11 families.

## VOLUNTEERING & INTERNSHIP

We strongly believe that individuals are the driving force for change. True transformation begins with individuals, paving the way for a more inclusive world where everyone is treated equally. At Tamahar, we welcome volunteers and interns from diverse backgrounds to engage with our children and families and contribute to our daily activities and programs. In the year 2023-24 a total of 44 persons volunteered and/or interned at Tamahar.



# PARENT TESTIMONIAL



## THIS IS VIDYARANYA, FATHER OF SHAMBHAVI.

Don't know whether to share or not but it's a big achievement for us to explore things for her, but couldn't hold back so sharing this one with you.

We visited a park near our house. We were delighted to see Shambhavi on the staircase and other climbing activities for the slope. We thought the difficulty level wouldn't be crossed by her but she proved us wrong by doing the thing effectively and without any hiccups in the second attempt itself and enjoyed playing around there for almost an hour.

We are very blessed and GRATEFUL (though its small word which can't be expressed in words) to have your guidance (although we delayed a lot)

We both the parent and sibling and Shambhavi's grandmother decided to explore the things at least one activity which were unexplored to make her more competitive including goal sheet and rest other things.



## KAVITHA , MOTHER OF BHAVANA

Tamahar is involved in implementing rehabilitation programs for children with special needs over a decade and it has become a beacon of hope for families dealing with such affected individuals.

The holistic approach adopted in providing training programs for both children with special needs and the family members, is a unique method followed by Tamahar for sustained development of the children keeping the family as a focus . The customised intervention tailored to individual needs has an exemplary and effective. Timely counselling , behaviour management , advice provided are of very high standard.

The professional approach followed by the teachers and staff is unique and very re assuring to the parents.

Experience at Tamahar truly reflects the journey from darkness to light.

## WORDS OF SUPPORTING DOCTORS



### DR MINAL KEKATPURE

*Senior Consultant Pediatric Neurologist*

Very few special schools exhibit the level of dedication, compassion, and professionalism demonstrated by virtually every member of the staff at Tamahar. The welcoming atmosphere at Tamahar, the friendly staff, the team's scientific approach starting with obtaining a diagnosis followed by designing customised therapy goals, individualized attention, individually crafted educational and vocational plans tailored to enhance each child's unique ability, while catering to each child's specific needs positively impacts the developmental potential, greatly enhancing the progress and skill set of most children enrolled at Tamahar. Also, their unique approach of empowering parents and creating parent support groups further strengthens their early intervention and therapy program, while fostering skills, friendship and experiential sharing along with extracurricular activities. Every small milestone and little step forward is celebrated to instill pride and confidence in both the child and parents, which is what makes their intervention program very unique. Working closely with Team Tamahar in my capacity as a pediatric neurologist volunteer, I can certainly give a testimonial on Tamahar's commitment to create an inclusive and supportive learning environment for all special kids, which is exceptionally commendable! I wish them continued success in all their future endeavors.

***We certainly need more Tamahars in India!***

## DONOR TESTIMONIAL



### RAGHUNATH R

*CEO, Kriya Next Wealth Pvt Ltd*

I had the opportunity to visit Tamahar Trust with my team from Kriya NextWealth in June 2024, and I was deeply moved by what I saw. The dedication of the staff to supporting children with special needs is truly inspiring. The holistic care and personalized attention they provide, combined with an inclusive and nurturing environment, make Tamahar Trust a remarkable place.

Their commitment to not only empowering the children but also supporting their families is evident in everything they do. They work tirelessly to raise community awareness and foster acceptance, which sets them apart as a beacon of hope and positive change.

The impact Tamahar Trust has on these children's lives is profound. Witnessing their work firsthand, I saw how they bring light and joy into the lives of these kids and their families, living up to the true meaning of their name, Tamahar, which means "removing darkness." I have immense respect for their exceptional work and unwavering dedication to making a difference.

This visit also had a significant impact on us. It was a humbling and eye-opening experience that reinforced the importance of compassion, inclusion, and community support. We left with a renewed sense of purpose and a deep appreciation for the incredible work being done at Tamahar Trust.

*With Heartfelt Gratitude,*  
**Raghunath R**

# INTERN TESTIMONIAL



## JAIN KANNAN

My experience at Tamahar Trust has reinforced my belief in the power of community-driven initiatives. Through their comprehensive programs, I witnessed firsthand how children with intellectual impairment are not just cared for, but also empowered to thrive in society. It's heartening to be a part of such impactful work.

## ASWIN K YESODHARAN

Interning at Tamahar Trust has been a transformative journey for me. The organization's unwavering dedication to the growth and development of children with unique needs reflects its position as a beacon of hope in the NGO landscape. I am grateful for the opportunity to contribute to their noble cause.

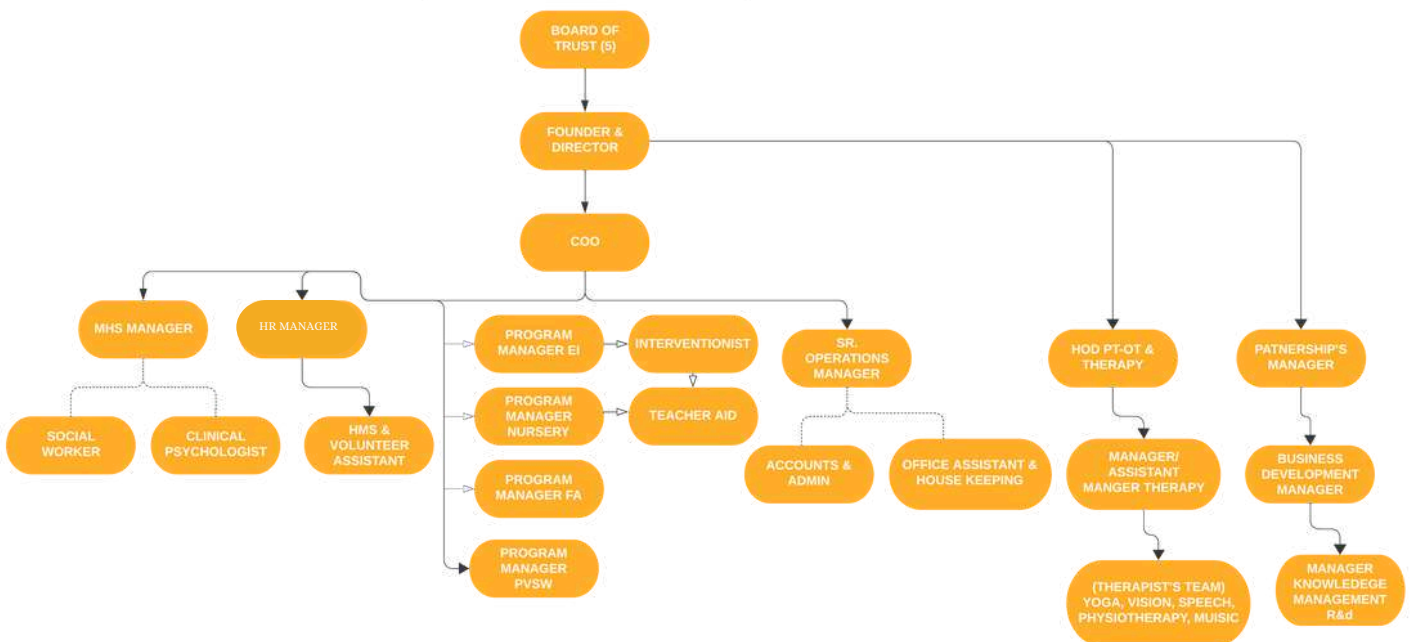


# OUR TEAM

We continuously endeavour to foster a nurturing and supportive environment for our staff. They are the backbone of our operations, ensuring the seamless execution of every program and the tailored accommodation of each child's individual needs. Their unwavering dedication to making a positive impact on the lives of children with intellectual disabilities and their families has resulted in numerous success stories. We thank all our employees for standing firm with us.



## ORGANOGRAM



# OUR TRUSTEES



**Dr K Bhaskar Pai**

*Managing Trustee*

Sr Consultant, General & Laparoscopic Surgeon, Apollo Hospital, Seshadri Puram



**Mr Ramakrishna Y B**

*Trustee*

Ex-Chairman of the working group on Bio-Fuels at the Ministry of Petroleum & Natural Gas, the Government of India



**Dr Nilima Rao**

*Trustee - Managing Director*

Managing Director, Remidex Pharma Pvt Ltd, Bangalore



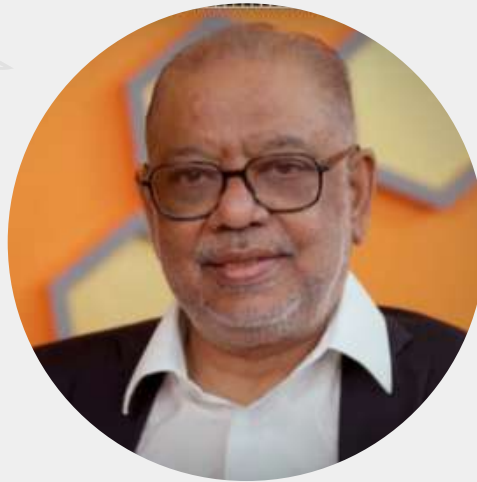
**Mr Sanjiv Sarin**

*Trustee*

Retired MD-CEO Tata Coffee Ltd | Certified Leadership Coach | Startup Mentor | Independent Director | Wellness Teacher for over 20 years



IN LOVING  
MEMORY OF



**DR A S ARVIND**

1954 - 2024



WITH PROFOUBD GRIEF, WE SHARE  
THE NEWS OF DEMISE OF OUR BELOVED  
TRUSTEE.

HIS KIND HELPFUL PRESENCE WAS A  
STRENGTH TO US THROUGH OUR JOURNEY IN  
THE LAST 10 YEARS. HE WAS ALWAYS  
AVAILABLE NO MATTER HOW BUSY HIS DAY  
WOULD BE. HIS ASTUTE ADVICE WILL BE  
DEEPLY MISSED.  
WE EXTEND OUR CONDOLENCE TO HIS FAMILY  
AND PRAY THAT HIS SOUL RESTS IN PEACE.

FOREVER IN OUR HEARTS & MEMORIES

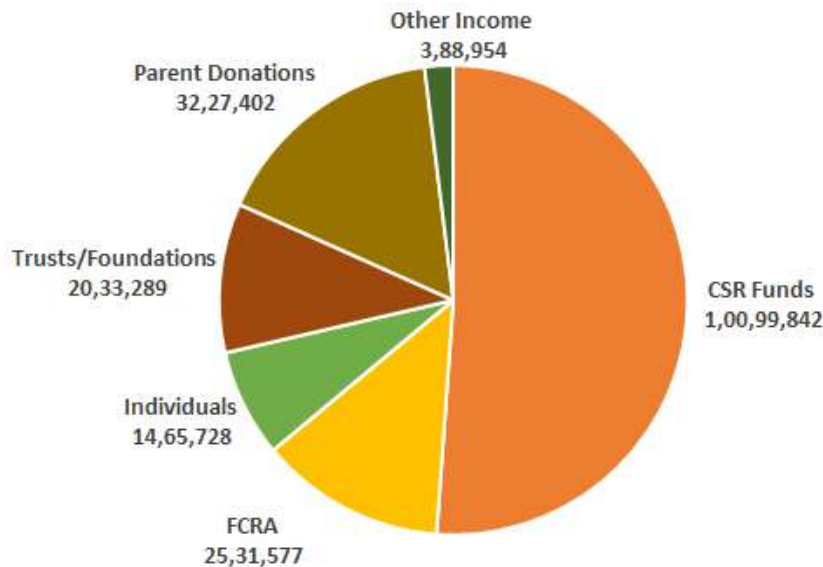




# OUR SDGs



# FUNDS RAISED



**Total Funds Raised: 1,97,46,792**  
**Corpus Funds : 10,02,474**

We are deeply grateful to all our donors for your unwavering support—your generosity continues to transform the lives of children with special needs & their families.

\*All amounts mentioned in INR

# FUNDING PARTNERS








# PROGRAM PARTNERS



# OUR STRATEGIC PARTNERS



# FINANCIAL REPORTS FY 2023-24

 <b>TAMAHAR TRUST</b> Apartment No 301, No 23, Venkat Vihar 12th Main, 15th Cross, Malleshwaram, Bengaluru - 560055 <b>CONSOLIDATED</b> <b>Balance Sheet as on 31.03.2024</b>		
Particulars	CONSOLIDATED FY 2023-24	CONSOLIDATED FY 2022-23
<b>Liabilities</b>		
<b>Corpus Fund</b>		
Opening Balance	7,48,902	6,33,902
Add : Additions for the Year	10,02,474	1,15,000
	<b>17,51,376</b>	<b>7,48,902</b>
<b>General Fund</b>		
Opening Balance	1,09,56,996	51,30,199
Add : Excess of Income over Expenditure Addition of the Year	12,47,722	58,26,797
Less : Excess of Expenditure over Income	5,99,341	-
	<b>1,16,09,878</b>	<b>1,09,56,996</b>
<b>Current Liability</b>		
Duties & Taxes	2,41,600	1,08,540
Sundry Creditors	-	-
Employee Payables	-	17,792
Outstanding Expenses	1,86,785	6,33,799
Other Current Liability	68,292	10,66,323
<b>Total</b>	<b>1,38,57,931</b>	<b>1,35,32,352</b>
<b>Assets</b>		
<b>Fixed Assets</b>		
	29,45,731	9,43,530
<b>Investments</b>		
	69,80,000	33,20,880
<b>Deposits</b>		
	23,00,000	21,70,000
<b>Current Assets:</b>		
<b>Debtors</b>		
	-	-
<b>Cash and Bank Balances</b>		
Cash in Hand, Happy & Prepaid Card	47,722	39,779
Bank Balances	13,28,261	69,60,125
<b>Loan and Advances:</b>		
	1,21,235	84,103
<b>Receivables</b>		
	1,34,982	13,936
<b>Total</b>	<b>1,38,57,931</b>	<b>1,35,32,352</b>
As per our report of even date		
<b>For G.V. Krishna &amp; Associates</b> Chartered Accountants FRN : 016068S  <b>G.V. Krishna</b> Partner/ :Proprietor Membership No :028109  Place: Bengaluru UDIN: 24028109BKHVSW8656 Date:	For and on behalf of <b>Tamahar Trust</b> PAN : AABTT8544P  <b>K. Bhaskar Pai</b> Trustee  Place: Bengaluru Date: 10/09/2024	

**TAMAHAR TRUST**Apartment No 301, No 23, Venkat Vihar  
12th Main, 15th Cross, Malleshwaram, Bengaluru - 560055**CONSOLIDATED****Income and Expenditure Account for the Year Ended 31.03.2024**

Particulars	CONSOLIDATED FY 2023-24	CONSOLIDATED FY 2022-23
<b>Income:</b>		
Donations	1,79,65,364	1,82,59,964
Participation Fees	3,90,000	90,084
Interest Income / Receivable	2,71,296	1,30,514
Other Income	1,17,658	45,067
<b>Total Income</b>	<b>1,87,44,318</b>	<b>1,85,25,629</b>
<b>Expenditure:</b>		
Employee Cost	1,01,48,025	79,91,670
Rent	20,54,980	17,88,200
Accounting Fees	1,41,600	1,20,800
Audit Fee	29,500	23,600
Computer Maintenance	19,667	-
Consultancy & Professional Charges	24,98,175	15,26,318
Event Expenses	3,93,839	2,29,952
Internet and Telephone Charges	30,696	11,857
Postage and Courier Charges	3,671	-
Power, Fuel & Water	1,96,008	1,23,368
Printing Stationary	3,24,860	79,127
Program Expenses	2,18,628	-
Program Materials:	3,61,766	71,575
Rates & Taxes	51,316	7,500
Repair and Maintenance	3,42,003	1,49,721
Staff Welfare Expenses	1,34,874	1,17,588
Subscription and Membership	14,348	11,675
Training Expenses	42,470	-
Travelling & Conveyance	75,173	50,838
Website Expenses & Social Media	2,51,800	91,401
Park, Exposure and other visit	82,605	-
<b>Other Expenses:</b>		
Bank Charges	5,536	25,713
Gateway Charges	6,881	-
Medical Expenses	63,992	-
Office Expenses	79,785	19,476
Uniform Charges	44,640	1,61,988
Round Off	11	-
Depreciation	4,79,088	3,05,586
<b>Total Expenditure</b>	<b>1,80,95,937</b>	<b>1,29,07,954</b>
<b>Excess of Income over Expenditure</b>	<b>6,48,381</b>	<b>56,17,675</b>

As per our report of even date

**For G.V. Krishna & Associates**

Chartered Accountants

FRN : 016068S

**G.V. Krishna**

Proprietor

Membership No : 028109



Place: Bengaluru

UDIN: 24028109BKHVSW8656

Date:

For and on behalf of

**Tamahar Trust**

PAN: AABTT8544P

**Bhaskar Pai**

Trustee

*Nilima Rao***Nilima Rao**

Trustee



Place: Bengaluru

Date: 10/09/2024



**TAMAHAR TRUST**  
Apartment No 301, No 23, Venkat Vihar,  
12th Main, 15th Cross, Malleshwaram, Bengaluru - 560055

**CONSOLIDATED**

**Receipt and Payment Account for the Year Ended 31.03.2024**

Particulars	CONSOLIDATED FY 2023-24	CONSOLIDATED FY 2022-23
<b>Receipts</b>		
<b>Opening balance</b>		
Cash in hand	1,697	1,746
Balance with banks	69,98,307	60,13,541
	<b>69,99,904</b>	<b>60,15,287</b>
<b>Current year Receipts</b>		
Donations	1,79,65,361	1,82,59,964
Participation Fees	3,90,000	90,084
Interest Income	1,77,546	1,16,547
Other Income	1,17,658	45,067
Coupon Fund Receipts	10,02,474	1,15,000
Income tax refund received	-	680
Rent Deposits/Fixed deposits received	1,40,000	20,22,772
FD Matured	44,20,880	1,75,931
<b>Total - A</b>	<b>3,12,13,827</b>	<b>2,48,41,332</b>
<b>Payments</b>		
Employee Cost	1,03,06,601	72,86,117
Rent	20,54,980	17,88,200
Accounting Fees	1,41,600	1,32,600
Audit Fee	80,000	23,600
Computer Maintenance	19,667	-
Consultancy & Professional Charges	24,98,175	14,90,918
Event Expenses	3,93,839	2,29,952
Internet and Telephone Charges	30,696	11,857
Postage and Courier Charges	3,671	-
Power, Fuel & Water	2,08,169	1,23,368
Printing Stationary	3,24,860	79,127
Program Expenses	2,18,624	-
Program Materials	3,61,786	71,325
Rates & Taxes	51,316	7,500
Repairs & Maintenance	3,48,980	1,69,721
Staff Welfare Expenses	1,34,874	1,17,388
Subscription and Membership	14,348	11,675
Training Expenses	42,470	-
Travelling & Conveyance	75,173	50,838
Website Expenses & Social Media	2,31,800	91,401
Park, Exposure and other visit	82,605	-
<b>Other Expenses:</b>		
Bank Charges	5,536	25,713
Gateway Charges	6,881	-
Medical Expenses	63,992	-
Office Expenses	79,785	19,476
Utilities Charges	44,640	1,61,988
Duties and Taxes Paid	1,08,540	12,33,482
Round Off	11	-
Purchases of Fixed Assets	24,81,289	8,33,652
Rental Deposit	2,70,000	5,00,000
Fixed Deposit	80,80,000	33,20,880
Other Deposit	-	80,000
Loan Repayment	10,00,000	-
Employee Advance	52,943	-
<b>Total</b>	<b>2,98,27,844</b>	<b>1,78,41,429</b>
<b>Closing Balances:</b>		
Cash in hand	47,722	1,697
Balance with bank	13,28,261	69,98,207
<b>Total - B</b>	<b>3,12,13,827</b>	<b>2,48,41,332</b>

As per our report of even date.

**For G.V. Krishna & Associates**

Chartered Accountants

FRN: 170068R

*G.V. Krishna*

G.V. Krishna  
Proprietor

Membership No: 028109



Place: Bengaluru

UIN: 34029109BKHVSW8658

Date:

For and on behalf of

Tamahar Trust

FRN: 10078541P

*Nilina Rao*

Nilina Rao  
Trustee



Place: Bengaluru

Date: 10/09/2024

**TAMAHAR TRUST**Apartment No 301, No 23, Venkat Vihar  
12th Main, 15th Cross, Malleshwaram, Bengaluru - 560055**Consolidated Fixed Asset and Depreciation As On 31.03.2024**

Particulars	WDV As On 01.04.2023	Before Sept	After Sept	Deletion	Total	Rate of Dep	Depreciation	WDV As on 31.03.2024
<b>Block - I (10%)</b>								
Furniture	1,86,141	55,200	6,86,923	-	9,28,264	10%	58,480	8,69,784
<b>Block - II (15%)</b>								
Office Equipment	3,68,427	91,492	3,47,199	-	8,07,118	15%	95,028	7,12,090
Medical Equipments	-	-	2,16,672	-	2,16,672	15%	16,250	2,00,422
Two Wheelers	-	-	3,52,886	-	3,52,886	15%	26,466	3,26,420
Toys	42,656	-	1,21,917	-	1,64,573	15%	15,542	1,49,031
<b>Block - III (40%)</b>								
Computer and Laptops	40,400	-	5,74,000	-	6,14,400	40%	1,30,960	4,83,440
<b>Block - IV (0%)</b>								
Lease Hold Premises Improvement	3,05,906	35,000	-	-	3,40,906	40%	1,36,362	2,04,544
<b>Grand Total</b>	<b>9,43,530</b>	<b>1,81,692</b>	<b>22,99,597</b>	<b>-</b>	<b>34,24,819</b>		<b>4,79,088</b>	<b>29,45,731</b>
<b>Previous Year</b>	<b>3,95,664</b>	<b>7,63,352</b>	<b>70,300</b>	<b>-</b>	<b>12,29,316</b>		<b>3,04,101</b>	<b>9,25,215</b>

As per our report of even date

**For G.V. Krishna & Associates**Chartered Accountants  
FRN : 013068S**G.V. Krishna**Proprietor  
Membership No :028109

Place: Bengaluru

UDIN: 24028109BKHVSW8656

Date:

For and on behalf of

**Tamahar Trust**

PAN : AABTT8544P

**K Bhaskar Pai**  
Trustee

Place: Bengaluru

Date: 10/09/2024

**Nilima Rao**  
Trustee



## DONATE NOW

Your contribution is a powerful statement of support towards building a more inclusive society.



### Donate through Bank Transfer

Account Name: TAMAHAR TRUST

Account Number: 007805008884

IFSC Code: ICIC0000078

ICICI Bank, 5th Cross, Malleshwaram

Branch, Bangalore 560003

Avail tax benefit. Donation is tax exempt under section 80G of Income Tax Act

## KNOW MORE ABOUT US

+91 9663325766

tamahar@gmail.com

[www.tamahar.org](http://www.tamahar.org)

[TamaharTrust](https://www.facebook.com/TamaharTrust)

[@tamahartrust](https://www.instagram.com/tamahartrust)



**Project site 1**  
**Early Intervention Centre:**  
#15/2, 11th Main, 13th Cross,  
Malleshwaram,  
Bangaluru-560003



**Project site 3**  
**Outreach Project Center**  
No 89, Mahalakshmi Newtown  
Layout, Tumkur Road,  
Madnayakanahalli,  
Madavara Post, Bengaluru 562162



**Project site 2**  
**Pre Vocational & Sheltered Workshop**  
(PVSW) Center, No. 55/1, ground Floor,  
East park road, 15th cross, Malleshwaram,  
Bangaluru -560055



**Project site 4**  
**Tamahar Trust - Nursery Centre**  
'Saikripa', 11/2, Ground floor  
14th 'A' cross Malleshwaram  
Bangaluru - 560003