

HRIDYA

From the heart

ANNUAL REPORT
2017-18



Tamahar



ABOUT TAMAHAR

Founded in 2009, Tamahar is a registered non-profit organization working in the field of childhood disability, with a focus on developmental delay due to brain damage.
Age Group : 0 onwards

Vision

Prevention & Alleviation of developmental disability in children with brain damage

Mission

To enable children with brain damage and their families to live a happy, healthy and dignified life in an inclusive society through rehabilitation services, capacity building , community engagement and advocacy

Core Values

Opportunity

Opportunity to a person to grow as an individual and develop own personality

Unique

Acknowledging the uniqueness of each person

Inclusion

Including individuals from all walks of life

Empowerment

Empowering individuals to make the best of their situation and achieve their goals despite challenges

Empathy

Understanding and supporting individuals through their life situations



FROM THE DIRECTOR'S DESK

VAISHALI PAI | Founder-Director

The past one year has been a turning point for Tamahar. We got humbling recognition from the sector and we were able to put down the impact of our work on paper for the first time ever. While the accolades have reassured us tremendously that we are on the right track, Tamahar must now rise up to the responsibilities that come with all this. Now that we know that we are effecting the immediate development of the child, we must now train our sights on the big "I" - the ultimate inclusion of the child in the society.

What will "inclusion" mean for my children anyway? RTE and RPwD have paved a way for them into the mainstream system and all parents now feel that their children should go to bigger, better schools. However, I ask, is that right for the child? Will they get the kind of education and support they need? Will the same model work for them? Should these children then try and fit in with their neuro-typical peers in these schools, whether or not they have the skills to adapt?



Although we have always believed it, it is this year that we are going to spell out and promote our message - Meet us halfway. And I don't mean Tamahar. This "us" could be anyone - it could be the PwDs, their families, schools, colleges, companies, NGOs, the government or even a common citizen trying to make sense of it all.



Another important factor to understand is that children with special needs who are taught skills to work are not taught the importance of working. They are not prepared with skills that inform them about work culture or about self-respect in being financially independent. To them, many a times, it is all about following the dictate of someone who is always taking a decision for them. This has led to so much attrition in the job sector.

Instead of making standards/legislations first and then, looking to fit people into it, can we meet in the middle?

We insist that the society include us. But, does the society know how to include us? We should then educate the society about what are the needs of the disability sector and how can they be met. We need to take the onus of educating the community at large and giving them insights into what our problems are. If we do that, then we can demand much more from the community. That would be the beginning of real inclusion.

PROGRAMS

Children with special needs



Early Intervention

Children with brain damage have difficulty developing as per their chronological age on a mental, intellectual, physical and emotional level. This program is designed to provide the environment and inputs to assist each child develop skills up to the mental age of 5 years. This is a scientifically derived program, based on a combination of globally standardized best practices.



Nursery

Started in 2017, Nursery is a bridge program between Early Intervention and Functional Academics, designed to ease the transition for children moving from a one-on-one intervention approach to group instruction approach



Functional Academics

Based on the principle of teaching academic skills relevant to daily life and independent functioning, this program aims to enable the child to gain enough skills to appear for NIOS exams in future and pursue the possibility of higher studies. For those with low academic capabilities, this program aims at their transition to pre-vocational training.



Pre-Vocational training

For adolescents/young adults with special needs to help them learn and practice basic skills which build the foundation of any employment / vocational training and give them an opportunity to have a choice in their vocation by exposing them to multiple options suitable to their potential.



Sheltered Workshop

For adolescents and young adults aged 15+ years and an IQ less than 35, this is a protected environment to provide some form of employment, usually in production work and meaningful engagement through recreation and socialization.



Auxiliary Therapies

Auxiliary therapies are proven to have a strong positive effect on the overall well being of children with special needs and together, they aid the core therapies and hasten the child's recovery. Therapies provided are - Physiotherapy, Speech Therapy, Occupational Therapy, Music Therapy and Yoga.



Recreational Activities

Children with special needs too need to experience their childhood the same way their peers do - they must go beyond survival and have fun, just be kids. Towards this purpose, we conduct regular recreational activity session like art, drama, dance, sports and park visits for play. These activities are also known to lead to personal development.

PROGRAMS

Families & Communities



Parent/Caregiver Training

In-class hands-on training for Early Intervention to parents with kids in Early Intervention program and classroom training to all other parents on brain damage, child development, behavior modification etc to help them continue therapy at home, accept their child's condition and make the best of their family lives.



Mental Health Services

Raising a child with special needs is a highly stressful job and the parents need all the respite they can get. With the aim of avoiding burnout, mental illness and to create long term support system between parents, we provide mother/father/sibling support groups and individual counseling sessions, conducted by our in-house clinical psychologist.



Summer Camps

Organized during the summer break in April & May, this camp entails activities and competitions for children with families as well as separate activities for mothers, fathers and siblings groups to give them a platform for self-expression and a sense of achievement while getting a break from their otherwise hectic lives.

Entrepreneurship Training

Planned to start this year, the support group for mothers will also become a platform for them to learn/develop entrepreneurial skills and, if they wish to, realize their potential by turning these skills into a vocation.

Advocacy & Awareness

Tamahar also works towards creating awareness in the community and advocacy for the cause of pediatric disability. Bringing together the various stakeholders of the community, we plan lecture programs, activities and get-togethers 4-5 times per year. WHO has set aside certain days of the year that focus on particular conditions/diagnosis. We conduct programs of some of these days to spread awareness in the community and also advocate change. Some of these days are: April 2nd - World Autism Awareness Day, Dec 3rd - International Day of People with Disability etc.



PROGRAMS

Human Resource Development



Train the Trainer Program

We have been wanting to increase our reach to more children for the past few years, but it is just not feasible, or sustainable, to go on opening new branches. Now, instead of trying to open more centres, we have chosen to spread our knowledge and expertise to other similar organizations through our Train the Trainer program. In 2017, Tamahar was appointed as the knowledge partner for Disability NGOs Alliance's rural Early Intervention project, wherein we disseminate our methodology among other pediatric disability organizations in rural north Karnataka, training and creating human resource.



Internal Staff Trainings

We conduct regular staff training for our employees to widen their knowledge on various topics related to disability, the sector as well as technical know-how of Early Intervention, Special Education, handling children with special needs, working with their families and on the best practices on a theoretical as well as operational level. These training sessions are either conducted internally by Founder-Director Mrs Vaishali Pai and COO Mrs Tripti B G, or by external trainers invited for sessions on their area of expertise.

PAST PROGRAMS



Rural and Sub-urban Projects

There is a major need to provide services throughout geographical locations, especially the rural areas, and metro as well as tier II, III cities need more programs especially for the disadvantaged communities. The current statistics show that 2% of the population are children with special needs and it is a well known fact that poverty increases incidence of disability and vice versa. Tamahar has delved into rural service twice till now through two projects -

1. Rajasthan - A pilot project was done for 2 years with 10 children in Pali (Rajasthan) in the year 2014 to 2016
2. Karnataka - Another pilot project done in for a year from 2015-2016 in Hutti (Raichur District, Karnataka).



In future, we hope to have similar independent projects running in various regions of Karnataka and Maharashtra.

GROWING TOWARDS SOCIAL IMPACT

KIRAN RAO | CEO

Here we are, yet again, with a glowing record of the year gone by and with exciting plans for the coming times. The last one year has been eventful, to say the least. But more than anything, it saw Tamahar gain a strategic vision and road map as an organization. This didn't come easy! We went through extensive capacity building exercises and questioned everything we are doing and want to do.

This is something, i think, every NGO must do. As much as i love working in the social sector, it does have a lot of challenges at an organizational level. Because everyone is so consumed with the core activity, the executive operations inevitably take a back seat. The biggest reason for this is that most of the NGOs in India are started for very individual/ personal reasons - your child had a disease and you felt the need to do something about it, you volunteered with an NGO and really feel for the cause or you had expertise in a service and you saw a need gap you could fill. Majority of such people do not have the management learning or attitude and as a result, while the key service will be impeccable, organizational activities suffer. To make matters worse, there is also an I-am-a-charity-not-a-business outlook where nobody sees themselves as a professional entity providing services to beneficiaries,



One of the questions we asked ourselves was - what is the "social impact" we intend to create? For me, measure of this impact is not the number of centres we open up, but working in a way that empowers the society to eventually function without us. And for that, we must ensure sustenance, efficiency and effectiveness.



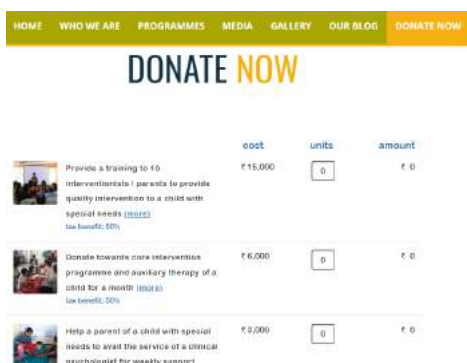
but a single group obliging another with their philanthropy. Executive functions are deemed unnecessary.

What do we do then? I believe that while we must maintain emphasis on efficiency and quality of the core activity, we start giving equal importance to organization development through process and systems. I understand it is not possible for all of us to find a qualified manager, but we can consult with a management professional for 1 to 3 years and ensure the key people learn the right skills. There are a lot of corporate professionals wanting to give back to the society. You just have to ask! Those of us who can, must start hiring right people into the core teams who can help the organization develop and establish as well as execute processes, help raise funds which will directly ensure the organization's, and hence the cause's, sustainability and empower the experts to work better towards their cause.

Over the past one year, Tamahar has made a conscious decision to develop the organization by putting executive operations in place (department SOPs, policies and protocols) and laying down a firm, detailed strategy for the next 3 to 5 years. We are taking baby steps, but within a year, we want to make our Malleswaram centre a "Centre of Excellence", a model we will then replicate in other areas and take a solid step towards our ultimate vision of every parent having easy access to a Tamahar!

HIGHLIGHTS

- Started the "Nursery" program in June. We realized that the same way we provide pre-vocational training for the child's transition from education to employment, we need a bridge for children moving from Early Intervention to Functional Academics. Of the 9 children we started out with, 6 have already graduated to Functional Academics!
- Conducted organizational development activities that included strategy meets and policies and procedure definitions
- We got the opportunity to showcase Tamahar at two international conferences. Our music therapist, Mrs Deepa Krishnamurthy, along with our Founder-Director, Mrs Vaishali Pai, spoke about music therapy for children with special needs at the International Society of Music Education conference in November 2017 and demonstrated music sessions with children. Mrs Vaishali Pai also presented the Tamahar Early Intervention pedagogy at the International Developmental Pediatrics Association Congress held in Mumbai on 7th December 2017
- This year, we established an online donation system for both domestic and international donors! For Indian donors, we now have a payment gateway on our website, made in partnership with Danamojo. Donations can be made on www.tamahar.org-->Donate Now. For international donors, we are thrilled to have partnered with the two prestigious global online donation portals, GivenGain and Global Giving. We have been audited and vetted by both these organizations and granted a permanent spot on the portals!



Donation Portal on Tamahar website



<https://www.givengain.com/c/tamahartrust/about/>



<https://www.globalgiving.org/projects/early-intervention-for-children-with-special-needs/>

ACHIEVEMENTS



Winner of the N S Hema Award 2017 for being an "Outstanding NGO in the Disability sector in Karnataka"



Audited and certified by Credibility Alliance for being an authentic and transparent organization

No. 0100005042015
Government of India
Ministry of Home Affairs
Foreigners Division
(FCRA Wing)

NDCC-II Building, Jai Singh Road,
 New Delhi-110001
 Dated: 24-07-2017

To,
 The Chief Functionary,
TAMAHAR TRUST
 27/106, 11th B Cross, 11th Main, Malleswaram,, BANGALORE, Karnataka, Bangalore, 560003

Subject: Registration under Foreign Contribution (Regulation) Act, 2010.

Sir/Madam

With reference to your application dated 03-03-2015 requesting registration under the Foreign Contribution (Regulation) Act, 2010, I am directed to say that your Association has been registered under Section 11 (1) of the Act as follows:-

Registration Number : 094421668

Nature : Educational



We are now FCRA certified and eligible for international funding!

Audited and certified by Social Audit Network India for effectively creating impact and living up to our mission and values

ACTIVITIES

Staff

- Workshop on music therapy and its benefits on children with special needs
- Workshop on sports activities for children with special needs
- Training on "Teaching English" by Ms Lalitha Appachu
- Training on "Sexuality Education" by Enfold
- Session on "Sexuality Education" by our trustee, Dr Nilima Rao
- Parent Trainings on brain damage, epilepsy and child development by Mrs Vaishali Pai and Mrs Tripti B G
- Exposure visits to Asha Kiran special school
- Session on storytelling by "Storywallahs" team
- Exposure Visit to the Trans Disciplinary University

Children

- Our children and teachers participated in Kalaangana 2017, a cultural event organized by IRC every year. Two of our children made it all the way to semi-finals in Art competition and Mrs Shobhana, our Functional Academics Centre Manager, received the "Best Teacher" award!
- Thanks to the Airport Authority of India, our children and staff members got the chance to visit the Airport. The kids were thrilled to be there!
- Participated in ORDI's "Race for 7" - a run organized to raise awareness for rare diseases. The children were accompanied by their parents and Tamahar staff.
- Visited the local Rambo Circus
- Orthopedic consultation by Dr Girish Kumar A M



ACTIVITIES

Organization

- Social Audit Network (SAN) Audit - This was a 6-month long process, wherein we collected feedback from all our stakeholders, from the parents of our children to every partner/volunteer we have ever interacted with. Along with this feedback, we reviewed all our documentation and records for the past 3 years to assess our performance. The end result was amazing! The audit proved us to be effective in delivering impact when it comes to working with children with special needs and although we ace the technical game, it highlighted the need for better documentation, systems and impact measurement. These are the things we are now targeting to improve upon.
- Change in the organization structure - Ms Kiran Rao, with 13 years of experience in the sector including last 4 years with Tamahar, has been appointed the CEO. Mrs Tripti BG is the new COO and Ms Sree Rao, an honorary member, is the HR Manager. Ms Shivani Sharma, with 4 years of experience in Market Research, has been appointed Communications & Research Manager.
- Rural Early Intervention Training - For the very first time, we have started training other organizations in our pedagogy under our Train the Trainer program. We do this through a 4 module, 1 year long program which employs a combination of theory classes as well as practical demonstrations at the trainee organization location and hands-on experience at Tamahar Bangalore centre. The organizations being trained in 2017-18 are B D Thatti Memorial Trust, M P Prakash Samajmukhi Trust and Bethany Sanjeevani Trust, all based in rural north Karnataka.



CELEBRATIONS

Prerana 2017 | International Day of Persons with Disability

Every year, Tamahar celebrates its annual day in the form of an inclusive event, Prerana, to mark the International Day of Persons with Disability on 3rd December. Prerana 2017 kicked off with a power packed drum circle session with Vasudhara Das and her DRUMJAM team, followed by cultural performances by our staff as well as by the students of Poornaprajna School, Malleshwaram and finally art and paper craft activities for our children.



Republic Day



Childrens' Day



IMPACT STORIES

Childrens' Success Stories



Tarun

Tarun came to Tamahar after spending 2 years in another special school. He had already been diagnosed with Autism and we suspected him to have moderate to severe mental retardation as well. He showed slow progress in the first few months and had severe behavior issues. Trying to understand the reason for the slow pace, we figured out that although his mother was the part of our mothers support program and had shown a lot of positive change over time, the principles that were taught to her as a part of the Early Intervention training were not being implemented at home. We then started teaching by example and also helped her understand theoretical concepts of brain damage and behavior modification. As soon as she got involved at home, we started seeing improvements!



Another breakthrough came by our understanding that Tarun is a bright child, masking his intelligence by disruptive behavior. This immediately changed our attitude towards his interventions and we did away with all things that enabled him. Soon enough, his behavior changed drastically! We now have an extremely mischievous child, who knows he is doing something naughty and turns to look at his teachers to see what their reactions would be and gives them a smile! This is a strong emotional development for a child, who initially did not care about the effect his behavior had on others at all. Now he has come to a point that he realizes his behavior has an effect on others, he understands their responses to his behavior and how to use them playfully and meaningfully in his social life.



We have to now work on this social life he has created with his teachers and shift it to his peers. Next step in his emotional development will be to establish meaningful relationship with his age appropriate peers.

Childrens' Success Stories



Amogha

Amogha started out his education in a regular school, as a regular kid and went on to study there for about 8-9 years. By the time he reached 7th grade, his teachers were no longer able to control him and the school refused to let him continue. This is how he landed at Tamahar in 2013. The primary assessment revealed that he had Autism and mild Mental Retardation. We put him in intensive intervention right away and worked on his ability to function in a group. Within a year, he showed great improvement in his social skills and in behavioral problems. Over time, his interventionists sensed psychiatric issues in Amogha. Upon investigation, we discovered that he also had a form of psychosis. A psychiatrist was immediately assigned to him and medication started. The medication helped a lot in reducing the psychosis and enhanced his ability to learn and interact. We found that underneath all those tics and problems, he was a very sweet, friendly and helpful boy.



Another 2 years flew by and we saw Amogha develop a lot as a person. He had already acquired enough know-how to understand content and social environment. He became partially self-reliant. He was no longer afraid to walk around the premises on his own, while earlier he used to insist someone accompany him. He greeted people and made small talk perfectly. In 2016, we deemed Amogha to be ready to go to the next level and started our pilot Pre-vocational training program with him. The functional academics program had laid down a strong foundation of social-personal concepts and had done wonders to his self-confidence.



The transition proved to be the right decision and within no time, Amogha blossomed! He began writing small paragraphs on things he experiences, riding his father's scooter within a 3-km radius of his home, doing chores at home without anyone reminding him about it and was completely independent in his self-care. He is the perfect example of the entire Tamahar program pipeline and how it can turn a life around!

In 2017, Amogha passed out (our first ever!) of Tamahar to join a vocational training center, Nithya Saadhana.

Parent Testimonials



Rekha

"We first came to know about my daughter's condition when she was 6 months old. We were told she has a hole in her heart that required surgery. We got her operated and we thought that was that. Time went by and she started going to school. That is when we started to notice things are amiss. She was not performing and, despite repeated efforts, did not improve. We went back to our doctor, Dr Meenakshi Bhat, who told us about Tamahar, this school which takes in children with 'special needs'. We trusted her and enrolled at Tamahar right away. That was in 2016. We have been coming here regularly, and over these last 2 years, we have seen improvement in our daughter, largely in terms of speech. Through the intervention sessions that take place at Tamahar, we now understand better how to take care of our daughter, how to engage her at home and how to handle her in day to day life.

Before coming here, we used to feel very sad about the fact that our daughter is different. When we joined here, I started attending the mother support group sessions and it was such a relief! Today, all the other mothers feel like they are part of my family at Tamahar, a family that truly understands each other's feelings."



Quotes from Parents received during the SAN audit feedback survey

"My child has been doing a lot of things here. She has started communicating in gestures and trying to verbally say something. She needs self-help skill which I have a feeling that can be done here with good guidance."

"Tamahar works on a holistic approach, combining state-of-art method of intervention and variety of therapies. They have a dedicated management and staff and there is great training and support given to family. We have witnessed improvement in our child and the betterment of our quality of life is a reason for us to stick with Tamahar"

"I have observed children who have come from other schools. I don't know about the other schools but I have consistently seen the children display overall improvement after just a few months at Tamahar. Quite a few of them start doing things that are considered impossible for their condition."

Volunteer Testimonials



*Subhashree
Vishwanath*

"I have been teaching for the last 24 years. I had seen children with ASD struggling to cope up in normal schools and i wanted to work more with those kids. I was lucky to have found Tamahar. The raw experience with these kids, identifying their thought process, needs & emotions, the informal interactions with parents and extensive training by Mrs Vaishali Pai made me a better teacher/interventionist. I learnt to train kids to develop self regulations and to cope with societal expectations. My happiness found no limit when a 7-year old in my class finally got rid of wearing diapers! It was a big accomplishment. In my experience , everything is possible with empathy and unconditional love. For me, the biggest asset I earned from Tamahar is love and faith. I wholeheartedly admire Tamahar's open environment for the betterment of the children and of course, the cheerful kids who make our day, everyday."

"My experience at the Tamahar school opened my eyes and my heart. Everyday I would witness these children laughing, running and playing, completely oblivious of the harsh reality they face. This was my first time interacting with such beautiful and kind children. Just by observing the kids clapping to the beat of the songs they were singing, made me realize that even though they are suffering from various disorders, they still deserve the same education and attention that other children receive. And thanks to Tamahar, this is now a reality. It was a truly enriching experience as a volunteer at Tamahar, and I will surely be back soon!"

”

Akshata, International Volunteer

"My time at Tamahar has been nothing short of amazing. The staff and the students have taught me so much in regards to patience and dedication. I noticed from the beginning that this is a school filled with very special people who care and love their students dearly, and I am very grateful to have been a part of that. This has truly been an eye opening experience for me, and would cherish the opportunity to volunteer here again."

”

*Smaran Velid,
International Volunteer*

"I had worked with children with special needs before Tamahar, but this is the first time i saw therapies being included in their intervention. Another new experience was working on their social media, which made me realize how important it is for an NGO."

”

*Hoang Lan Anh,
MSW Intern, University of Mysore*

Employee Testimonial



Pushpa

"Few years back, my family was going through a time of financial problems and I decided to find a job for myself to support the family. I was referred to Tamahar by a friend who was already working there. She helped me go through the recruitment process and start working at Tamahar. In the beginning, I was not sure. This was my first job ever and I thought to myself that I would work here for a while to see whether this kind of work suits me. But once I started, there was no looking back. I absolutely love working with the children and every day, as I step into my classroom, I leave all my personal and familial troubles outside. Working here has given me confidence in my own capabilities, made me a more patient person and has added a tremendous amount of positivity in my life. Watching these children grow fills me with the pride that a mother would feel for her own children. In the past 4 years that I have been working here, I have never considered working elsewhere. I cannot imagine leaving my children behind and being anywhere else but here!"

Everyday Champions !

Celebrating little, and big, acts of kindness



Sree R Rao

An honorary member of Tamahar, Sree has been with us since our inception in 2009, as a volunteer at first and as our HR Manager for the last 2 years.

She has stood by us through thick and thin and despite a full time job to attend to, she never misses any event and visits the centre regularly. She is a friend to the employees as well as parents and the children adore her too! Their faces just light up whenever they see her. Thank you, Sree, for your time and for all your love.



Srinath Ramakrishna

Srinath is the founder of OfficeTimer and DeskHub co-working space. We had reached out to him to ask if they have any concessional office space packages for non-profits. To our surprise, he offered us the space free of cost! In his own words - "Experiences have taught me to stay grounded in life and to give back to the society. I am thankful to Tamahar for giving me an opportunity to contribute to their noble cause in whatever small way I can." Thank you, Srinath!

VOLUNTEERING

73

VOLUNTEERS

2895

HOURS

Category	No of Volunteers	No of Hours
College Interns	52	733.8
School/Independent Volunteers	5	540
International Volunteers	14	1152.3
Parents of children enrolled at Tamahar	2	469

STAFF DETAILS

30

employees

23

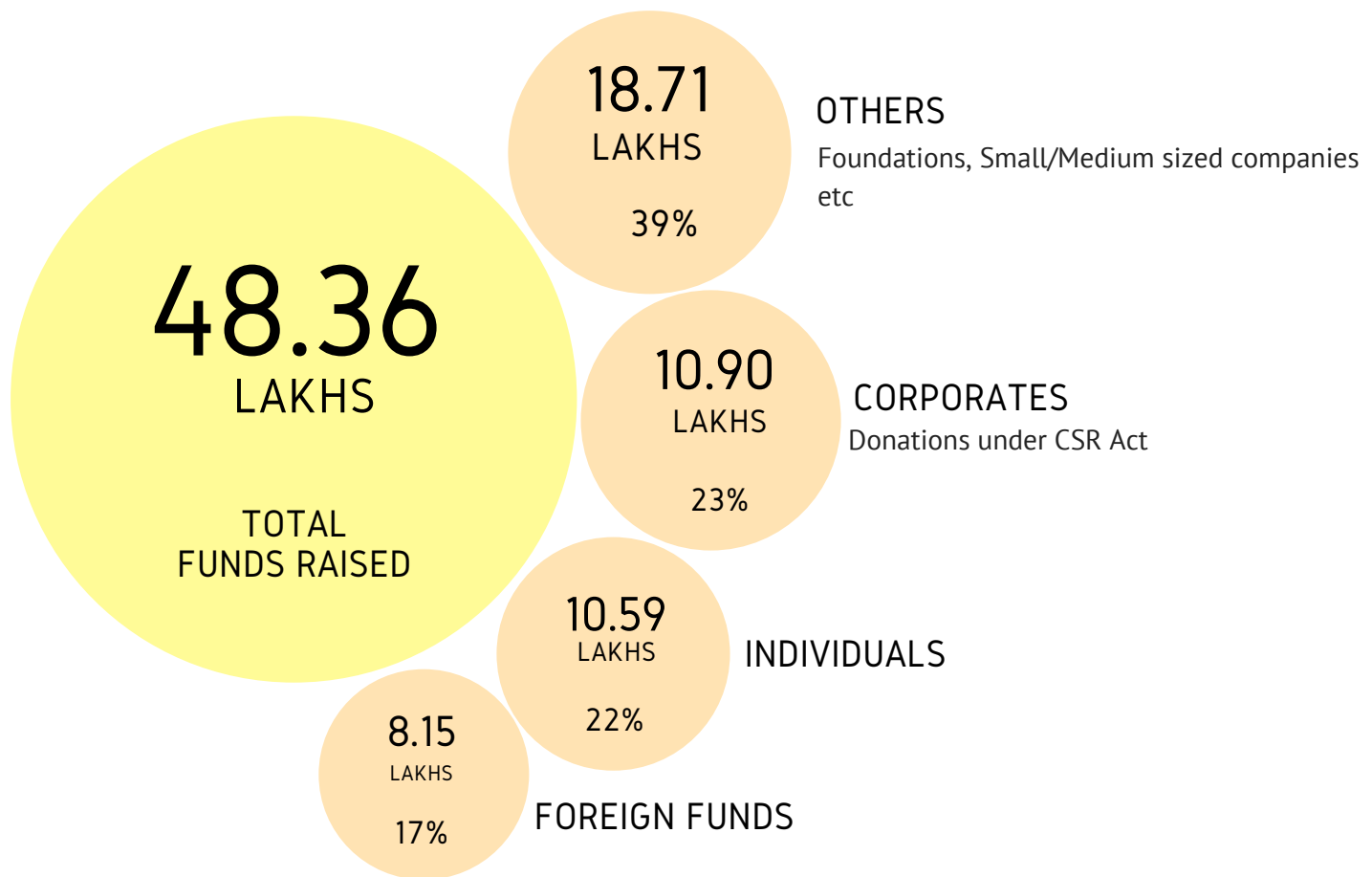
full-time

7

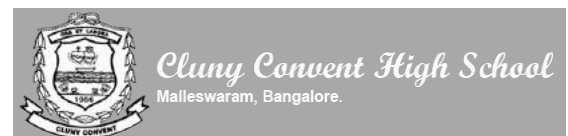
part-time

Salary Range	No of Employees
Rs 3000-5000	3
Rs 5000-7000	16
Rs 7000-10000	5
Rs 10000-15000	5
Honorary	1

FUNDS RAISED



Key Partners



Canara Union Charitable Trust,
Malleshwaram



TRUSTEE BOARD



Dr K Bhaskar Pai | Managing Trustee

Senior consultant, General and Laparoscopic Surgeon, Apollo Hospital, Sheshadripuram, Bangalore.



Dr A S Arvind | Trustee

MD, FRCP serves as an advisor to BACC healthcare Private Limited, EcronAcunova, Quark pharmaceuticals, Tata Industries and Medala Hospitals.



Ramakrishna Y B | Trustee

Ex-Chairman of working group on bio fuels at Ministry of Petroleum and Natural Gas, Government of India



Dr Nilima Rao | Trustee

MD & DCH, PGDAP, Consultant Paediatrician in Child and Adolescent Health at Manipal Hospital, Bangalore



Nandan Kamath | Trustee

Principal Lawyer, Intellectual property law, Sports law and Information Technology Law practice, Co-Founder and Trustee of GoSports Foundation.

GALLERY



Park Visit



Tamahar at ORDI Race for 7



Vaishali Pai receiving the N S Hema Award



Kalaangana 2017



Tamahar Staff with Bengaluru Airport staff



Tamahar children playing Badminton at the Canara Union premises



Indian Folk games for children on the last day of the year with the team from Ima Recreations





Tamahar children at the Gayatri Devi Park, a playground specifically designed for children with special needs. This park has innovative solutions like an accessible merry-go-round and a big swing with a flat seating space. Our kids love their park time!



A much deserved break for our hard working staff, the team went to the rustic farm resort, Dhatri Van, for a day of exciting games, walks through groves and delicious food!

AUDITED BALANCE SHEET FY 2017-18

TAMAHAR TRUST
 Apartment No. 301, No. 23, Venkat Vihar
 12th Main, 15th Cross, Malleshwaram, Bangalore -560055
Balance Sheet as on 31st March 2018

(in INR)

Particulars	NOTE NO	Year Ended 31 March 2018	Year Ended 31 March 2017
I Liabilities			
1 Corpus Fund			
As per last Balance Sheet		21,95,286	14,08,486
Add: Excess of Income over Expenditure as per Income and expenditure account (accumulated)		6,97,267	7,86,800
2 Loan Received			
Dr.K.Bhaskar Pai		80,000	80,000
Dr.Prateek Pai		18,000	18,000
3 Current Liabilities			
Other Current Liabilities		4,33,942	2,58,527
Total		34,24,496	25,51,813
II Assets			
1 Fixed Assets			
As per Schedule	1	5,65,295	5,35,513
2 Deposits			
Rent Deposit		6,50,000	6,50,000
Fixed Deposit - Banks		14,01,082	-
3 Cash and Bank balances			
Cash in Hand		2,850	3,303
ICICI Bank account		7,97,820	13,62,997
4 Loans and Advances			
TDS on Fixed Deposits (Receivable)		1,448	
Advance to employees		6,000	
Total		34,24,496	25,51,813

The notes referred to above form an integral part of the Accounts

For Vivek Malliya & CO
 FRN: 016109s

Vivek Malliya

Vivek Malliya, FCA
 Chartered Accountant
 M.NO : 208198

Place: Bangalore

Date: 17/1/18

For and on behalf of
 Tamahar Trust (PAN: AABTT8544P)

[Signature]

Trustee

Place : Bangalore

Date: 17/1/18

[Signature]
 Trustee



TAMAHAR TRUST
 Apartment No. 301, No. 23, Venkat Vihar
 12th Main, 15th Cross, Malleshwaram, Bangalore -560055
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2018

Particulars		Year Ended 31st March 2018		Year Ended 31st March 2017
Income				
Donations	34,75,933		28,37,168	
Interest Incomes	19,493		-	
Participation fees	17,83,900		18,15,346	
Professional & Consultation Charges Received	33,340		-	
Total		53,12,666		46,52,514
Expenditure				
Salary	21,93,737		18,89,141	
Rent	8,62,526		7,96,096	
Audit fees	60,000		20,000	
Accounting Fees	60,000		30,000	
Subscription and Membership	18,500		15,250	
Consultancy fees	8,96,412		6,96,048	
Office Maintenance	16,042		24,539	
Power and Water	45,086		22,855	
Telephone, Internet and Website	861		6,900	
Printing & Stationery	1,20,785		1,02,513	
Repairs & Maintenance	37,722		63,753	
Staff welfare Expenses	55,595		15,582	
Travelling & Conveyance	21,925		12,853	
Donations	10,000		12,000	
Miscellaneous Expenses	6,462		71,988	
Depreciation as per schedule	1,24,423		86,196	
Meeting, Seminar, Training & Development Expenses	29,324		-	
Summer Camp Expenses	27,041		-	
Function & Festivals	28,958		-	
Excess of Income over Expenditure transferred to Balance Sheet		46,15,399		38,65,714
Total		53,12,666		46,52,514

The notes referred to above form an integral part of the Accounts

For Vivek Mallya & CO
 FRN: 016109s

Vivek Mallya

Vivek Mallya, FCA
 Chartered Accountant
 M.NO : 208198
 Place: Bangalore
 Date: 1/7/18

For and on behalf of
 Tamahar Trust (PAN: AABTT8544P)

K. K. K.

Trustee

B.

Trustee

Place : Bangalore
 Date: 1/7/18



TAMAHAR TRUST
Apartment No. 301, No. 23, Venkat Vihar
12th Main, 15th Cross, Malleshwaram, Bangalore -560055
RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2018

Particulars		Year Ended 31st March 2018		Year Ended 31st March 2017
Receipts				
Opening balances				
Cash in Hand	3,303		2,100	
ICICI Bank	13,62,997	13,66,300	5,89,934	5,92,034
Interest Income	19,493		44,830	
Rental Deposit Refunds	-		-	
Donation Received	34,75,933		28,37,168	
Participation Fees	17,83,900		18,15,346	
Professional & Consultation Charges Received	33,340	53,12,666	-	46,97,344
Total		66,78,966		52,89,378
Payments				
Salary	21,93,737		16,62,871	
Rent	8,62,526		7,27,996	
Audit fees	60,000		-	
Accounting Fees	60,000		-	
Subscription and Membership	18,500		-	
Consultancy fees	8,96,412		6,96,048	
Office Maintenance	16,042		24,539	
Power & Water	45,086		22,855	
Telephone Internet and Website	861		6,900	
Repairs & Maintenance	37,722		63,753	
Printing & Stationery	1,20,785		1,02,513	
Staff welfare Expenses	55,595		15,582	
Travelling & Conveyance	21,925		12,853	
Miscellaneous Expenses	6,462		71,988	
Fixed Asset Additions	1,54,205		5,05,955	
Donations	10,000		12,000	
Meeting, Seminar, Training & Development Expenses	29,324		-	
Summer Camp Expenses	27,041		-	
Function & Festivals	28,958		-	
Advance to employee	6,000		-	
TDS on fixed Deposits	1,448		-	
Current Liabilities - OB Less CB	(1,75,415)		(2,775)	
Bank Deposits	14,01,082	58,78,296	-	39,23,078
Closing Balances:				
Cash in Hand	2,850		3,303	
ICICI Bank	7,97,820	8,00,670	13,62,997	13,66,300
Total		66,78,966		52,89,378

The notes referred to above form an integral part of the Accounts

As per our report of even date:
For Vivek Mallya & CO
FRN: 016109s

Vivek Mallya
Vivek Mallya
Chartered Accountant
M.NO : 208198
Place: Bangalore
Date: 11/7/18

For and on behalf of
Tamahar Trust (PAN: AABTT8544P)

K. K. K. K.
Trustee

[Signature]
Trustee

Place : Bangalore
Date: 11/7/18



TAMAHAR TRUST
Apartment No. 301, No. 23, Venkat Vihar
12th Main, 15th Cross, Malleshwaram, Bangalore -560055
Notes forming part of Financial Statements for the year ended March 31, 2018

1 Background

The Tamahar Trust was formed on May 16, 2010. The Trust is primarily constituted to treat the children who are suffering from Autism spectrum, hyperactivity and attention deficit issues. The Trust is been registered u/s 12AA of the Income-tax Act, 1961 (IT Act) vide registration dated April 25, 2011 and the trust is also registered u/s 80G of the IT Act.

2 Significant Accounting Policies

2.1 Basis of preparation of Financial Statements

The financial statements are prepared on a going concern concept, under historical cost convention. The Company follows cash basis of Accounting, as permitted under Section 145 of the IT Act except in the case of charge of assets as depreciation (as required u/s 32 of the IT Act).

2.2 Recognition of income and expenditure

Incomes including donations, fees and other receipts recognised in the books on receipt basis. Similarly, all expenses are recognised on the basis of payments made.

3 Fixed Assets and Depreciation

Fixed Assets are accounted at cost of acquisition and depreciation on the same is charged on the Written Down Value method as per the provisions of the IT Act, read with Rules thereto.

4 Others

The Trustees estimate that there exists no liability actual or contingent related to employee benefits, other than those accounted in the books.


The Trust has borrowed money from its Trustees Dr.K.Bhaskar Pai and Mr.Prateek Pai and owes Rs.80,000 and Rs.18,000 respectively as at March 31,2018. The loans are interest free.

The Activity of the Trust is exempt under IT Act. Hence, no taxes are paid nor any tax liability is anticipated.

5 Previous Years figures

Previous year's figures have been regrouped and reclassified wherever required.

For Vivek Mallya & CO
FRN: 016109s



Vivek Mallya
Chartered Accountant
M.NO : 208198
Place: Bangalore
Date: 1/7/18

For and on behalf of
Tamahar Trust (PAN: AABTT8544P)



Trustee



Trustee

Place : Bangalore

Date: 1/7/18





Tamahar Trust

27/106, 11th 'B' Cross, 11th Main, Malleswaram
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(Next to Tara Jewel Studio)

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