



AALAP - October 2023

A total of 92 children benefited from a range of programs and therapies, including 40 in Early Intervention, 8 in Nursery, 17 in Functional academics, 18 in Prevocational training & sheltered workshop, 9 in Outreach projects. We provided Vision therapy to 12 children, 43 received Speech therapy, 19 received Occupational Therapy, 92 received Music therapy, 85 received Yoga sessions, and 34 received Physiotherapy sessions. Additionally 276 caregivers which included fathers, mothers, and siblings, also received support and assistance.

EVENTS

Caregiver Training on Self-Care in Mental Health (07/10/2023)

A Mental Wellness Session was conducted by Ms. Umaina, Assistant Manager of Mental Health Services, for parents of trainees participating in the prevocational training and sheltered workshop program.

Orthotics and Orthopedic Assessment Camp (World Cerebral Palsy Day)

On World Cerebral Palsy Day, Tamahar organized a camp benefiting nearly 30 individuals. Dr. Girish (Ortho MD), Dr. Jayanth Sampath, and the RAWWD Team provided invaluable support.

Workshop on Intellectual Disability for CHWs

A workshop was conducted to raise awareness about intellectual disabilities, targeting unreached individuals in need of services. The aim was to enhance public knowledge in this area.

Daan Utsav (Oct 3 to Oct 10)

As part of Daan Utsav, Tamahar conducted an open day in the organization. Staff from Aruna Chetana visited to gain insights into operations and working with children.

Belakoo Event-Certificate Distribution

Tamahar children actively participated in the event "CELEBRATING OUR DIFFERENCES", a curated cultural event for children with unique capabilities. This event featured dance, music, fashion shows,

MAITS New Batch Training and Visit

Ms. Shabnam Rangwala from MAITS, an international disability charity focused on improving access to healthcare and education services, visited Tamahar to review the MAITS program. Additionally, a meeting was held with the new CHWs, and certificates were distributed to the old CHWs and trainers who successfully completed the training program.

Awards Recognitions

"KARNATAKA'S WOMEN LEADERS AWARD"

Presented by the World Women Leadership Congress & Award, in recognition of Ms. Vaishali Pai's dedication and efforts in the field of rehabilitation spanning over 30 years.

"Vocational Excellence Award"

Ms. Vaishali Pai was honored by Rotary Orchards with this prestigious award.



Stories of Change

In 2022, Likith, a once apprehensive child, found joy at Tamahar. Admitted to the Early Intervention program, he received a number of therapies which included physiotherapy, music therapy, yoga therapy, speech therapy, and occupational therapy. Initially unable to even sit without support and reliant on his mother for all his needs, Likith's transformation was remarkable. He overcame his fears, started to interact with peers and interventionists, and eventually learned to walk with a K-walker, with the continuous support of the Tamahar team and his family. Witnessing his newfound independence brought immense happiness to both Likith and his family, as well as to the Tamahar team. Now, Likith walks independently using the K-walker with no assistance and even takes a few steps without the walker. The impact of the physiotherapy sessions played a crucial role in enhancing his mobility, contributing significantly to this heartwarming story of transformation.

We extend our heartfelt gratitude to all for the invaluable support received. Your contributions have been instrumental in enabling us to provide enhanced services to our children, ultimately making a positive impact on their lives. Thank you for helping us create a better environment for their growth and development.

