



ANNUAL REPORT 2014

January – Dance Therapy was started for some of the children attending Tamahar by Ms. Winnie Chang. 30th Dr. Shankar (psychiatrist) started visits to assess and treat both children and parents.

February- Ms. Sandhya Gaikwad gave a lecture on nutrition to the parents of our children with special needs. Vaishali Pai, Founder-Director, attended the TechCamp Bengaluru organized by the American Consulate

March- Attended a Staff training conducted by Maharani's Arts, Commerce and management college for women on the topic of psychological issues and challenges related to women and children as a group participant: Vaishali Pai, Founder-Director, Tamahar. Also, attended a Rare Disease Symposium organized by the Genetic Council of India at the Human Center for Genetics, Electronic City Phase 1. Mothers of children of Tamahar set up a stall at the Soul Santhe, this was supported by the Clinical Psychologist of Tamahar, Ms. Sowmya H S.

April- Pali Tamahar, a branch of Tamahar Trust was started in Pali, Rajasthan with a two day camp for assessment and interventions for children with special needs in Pali area. One day Art class for teachers of Tamahar was done by Mr. Tapan Das of Kokyo Camlin. Summer camp from 15th to 30th activities is as follows: cricket, music, dance, clay, Art, Rhymes, and Story-telling for children of Tamahar, their siblings and their mothers.

May - Summer vacation. Staff of Sabre Holdings: Sabre Travel Technologies Pvt. LTd. spent a day at Tamahar volunteering their time to clean up the place and do other odd jobs. This was a part of Give Time Together organized by the parent company.

June - New session started with 2 pre-school batches, and two classes of School. PaliTamahar started functioning with one on one sessions for children with special needs.

July- Workshop on soft skills and Leadership skills training conducted by Mr. Magesh Murthy for staff of Tamahar on 12th and 27th. Take A Break Respite Care Center of the Saachivvya Trust was inaugurated. This is a place designed to give respite time to parents of children with special needs and is associated with Tamahar Trust. Flea Market was organized by the Parent Support Group of Tamahar Trust, at the Tamahar premises where a number of articles and eats were sold made by mothers.

August- Workshop on soft skills training conducted by Magesh to Tamahar Employees on 2nd August continued. Children attended a Drawing competition organized by Concern India Foundation where two of our children got prizes! Dr. K BhaskarPai, Surgeon associated with Mallya Hospital, gave a lecture on Constipation in Children with Special Needs to parents.

September- 1st to 8th Shifted to new Tamahar premises in Malleswaram, to 27/106. 11th B Cross, 11th Main, Malleswaram, Bangalore 560003 .

October- Mrs. Rajam Shankar of Hyderabad, our Music Therapy consultant visited and assessed children. On the 19th, a Old newspaper collection Drive was organized in conjunction with Rotaract Club of NorthWest Bangalore. Around 25 Rotaractors and staff of Tamahar participated and collected over 900 kgs of newspapers, monetary collection was Rs. 12,500. This drive is expected to be a year long event conducted every two months, next collection day is 11th January 2015.

November – 9th Children day celebration was conducted in “Rotary Hall”. Conducted by Mrs. Ann Marie Oomen of the We Care Foundation, it was

attended by over 100 people including children and their parents and staff of Tamahar. A music and dance program was followed by lunch, sponsored by the Music Therapist of Tamahar, Mrs. Deepa Krishnamurthy. Goody-bags were also given to the children. Concurrently, a Full-day Camp for assessments and Yoga Therapy were conducted at the PaliTamahar center. This was attended by 45 children in and around Pali town. Followed by in depth assessments of a few children on the 10th with brain storming session on future programs for PaliTamahar.